

OPERATING INSTRUCTIONS

DermaHealer[®] psoracomb

UV-B-311 nm – narrowband



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DermaHealer® UV-B-311 nm – narrowband lamp

THERAPY RECOMMENDATION

The doctor has to determine the initially treatment time and the increase or decrease of treatment time.

Example 1: Psoriasis of the hair-covered scalp

Therapy:	UV-B-311 nm therapy
Unit:	DermaHealer® with comb attachment
Patient's skin type:	2 (white, European average)
Irradiation distance:	2- 3 cm/1 inch (kept automatically by the comb attachment)
Duration of first exposure:	approx. 5-6 minutes for the entire scalp
Increase of exposure time per follow-up exposure:	approx. 20 - 30% of previous exposure time
Maximum exposure time:	2 times 20 minutes (entire scalp; e.g. one time in the morning and one time in the evening) per treatment
Duration of treatment:	4 - 6 weeks, longer for particularly serious cases
Frequency of irradiation:	4 - 7 times per week

If skin irritations appear, decrease the treatment time of the following treatment by about 2 minutes. Only increase the time after two further treatments.

Example 2: Psoriasis of a small circumscribed area of skin

Therapy:	UV-B-311 nm therapy
Unit:	DermaHealer® (with comb attachment)
Patient's skin type:	2 (white, European average)
Irradiation distance:	approx. 2 - 3 cm (1 inch)
Duration of first exposure:	approx. 45 - 60 seconds per irradiated area
Increase of exposure time per follow-up exposure:	approx. 20 - 30 % of previous exposure time
Maximum exposure time:	approx. 3 - 4 minutes per irradiated area
Duration of treatment:	3 - 4 weeks, longer for particularly serious cases
Frequency of irradiation:	4 - 5 times a week

If skin irritations appear, decrease the treatment time of the following treatment by about 20 seconds. Only increase the time after two further treatments.

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Example 3: Treatment of Vitiligo

Distance: 3 cm (1 inch), use the comb attachment as a distance holder. The comb attachment does not influence the treatment.

Frequency: 3 times a week

Session	Dose mJ / cm²	Treatment time minutes : seconds
1.	70	20 sec
2.	140	40 sec
3.	210	1 min
4.	280	1 min 20 sec
5.	350	1 min 40 sec
6.	420	2 min
7.	490	2 min 20 sec
8.	560	2 min 40 sec
9.	630	3 min
10.	700	3 min 20 sec
11.	770	3 min 40 sec
12.	840	4 min
13.	910	4 min 20 sec
14. and all further sessions	980	4 min 40 sec

Maximum treatment time: 4 min 40 sec

If skin irritations appear, decrease the treatment time of the following treatment by about 20 seconds. Only increase the time after two further treatments.